

	Item #	Order of appearance ²	Items on the Behavioral Inventory Measure of Executive Functions (BIMEFs) ¹
Inhibitory Control	Cognitive Inhibition		
	1	4	I can stop distracting thoughts while having a conversation with others.
	2	5	Even though thoughts about other things might pop up while working on a report, I can stop those thoughts.
	3	7	I can focus on the present.
	Selective Attention		
	4	9	When biking or driving, I am able to focus on the road and not be distracted.
	5	11	Even though there is a disruptive question or comment while I am presenting my classwork, I can continue and smoothly present my classwork.
	6	12	I can focus on what someone is saying to me even when the environment is very noisy.
	7	14	I can continue to concentrate on reading a book even when a TV program comes on.
	8	15	I focus on the workload that I am working on without letting noise in the room bother me.
Self-Control	Self-Control		
	9	17	If someone says or does something that hurts me, I am able to resist doing something unkind to that person.
	10	19	I do not interrupt while others are speaking.
	11	20	I patiently wait to buy the products I want until they are available at a lower price.
	12	21	I think and ponder before speaking or acting.
	13	22	I do not try to butt ahead in line.
	Discipline		
	14	25	Even though something might be a lot harder and take a lot longer than I expected, I keep at it until it is finished.
	15	26	If I am determined to do something, then I have to accomplish it.
	16	31	I do what I am supposed to do, even if I don't want to.
Working Memory	Verbal Working Memory		
	17	33	I am able to mentally put information I hear in the correct and sequential order.
	18	35	I can mentally calculate whether I have enough money to purchase all the items I might want to buy.
	19	37	I am good at relating what I am learning now to other things I learned earlier.
	20	39	If I have a question or comment, I can follow the ongoing conversation or lecture and still remember what I was going to say when the time comes to say or ask it.
	21	41	I am good at seeing the connections between something new I learn or hear and other things I already knew.
	22	42	I can compare and contrast new situations with old ones for decision-making.
	23	43	I consider the pros and cons of each alternative to select the best way to solve the problem.

Item #	Order of appearance ²	Items on the Behavioral Inventory Measure of Executive Functions (BIMEFs) ¹
Visual-Spatial Working Memory		
24	44	I am able to mentally sort or re-order items by size without needing to see them again or write anything down.
25	45	I am able to memorize the route/directions after the first trip.
26	46	I can mentally calculate the distance to know which route is longer or shorter.
27	47	If I need to do several errands, I can mentally calculate the most efficient route.
28	49	Even if two shapes are quite close in size, I can tell which is larger without having to physically put them next to one another.
29	50	If I follow someone along a route to get somewhere I haven't been before, I can find my way back without difficulty.
30	51	When working on a jigsaw puzzle, I can tell whether a piece will fit in a certain place or not before actually placing it there.
Being able to Change Perspectives		
Cognitive Flexibility	31	I am able to switch from seeing something as an unwelcome problem to seeing it as a welcome challenge.
	32	Amidst the bad, I can still see the good things that are hidden.
	33	I always find a way to succeed despite obstacles.
	34	I am able to change my mindset to focus on the present and to enjoy every problem I face.
	35	I am able to see opportunities hidden in life's crises.
	36	I can turn obstacles into opportunities for self-improvement.
Switching Between Different Mindsets or Tasks		
37	61	I am able to switch my focus among having a conversation with my friends, summarizing report contents, and arranging figures for presentation.
38	63	I am able to switch my thoughts between focusing on color to focusing on shapes or numbers.
39	64	I am able to talk on the phone while doing other activities.
40	65	I can read books and watch TV at the same time.
41	66	I can have a conversation with different people on a variety of topics at the same time.
42	67	I can mentally calculate while holding a conversation with friends.

¹ Respondents selected the item that best reflected their behavior using a four-point Likert scale: 1= never, 2=sometimes, 3=frequently, and 4=always.

² The initial version of the scale had 75 items, but Thai adolescents did not seem to understand the negatively-worded items so those were eliminated for the final version of the scale. That left only 3 items in the Cognitive Flexibility category, Thinking Outside the Box, so that category was eliminated as well.

I included "Order of Appearance" because, in looking at the numbers of the first few items in Table 1 of Haenjohn et al., I thought that questions about the different EF subcomponents were intermixed and that these numbers reflected the actual position of the questions in the 42-item questionnaire. I only realized later that questions pertaining to any given EF subcomponent had been grouped together; all inhibitory control items appeared first and all cognitive flexibility items appeared last.